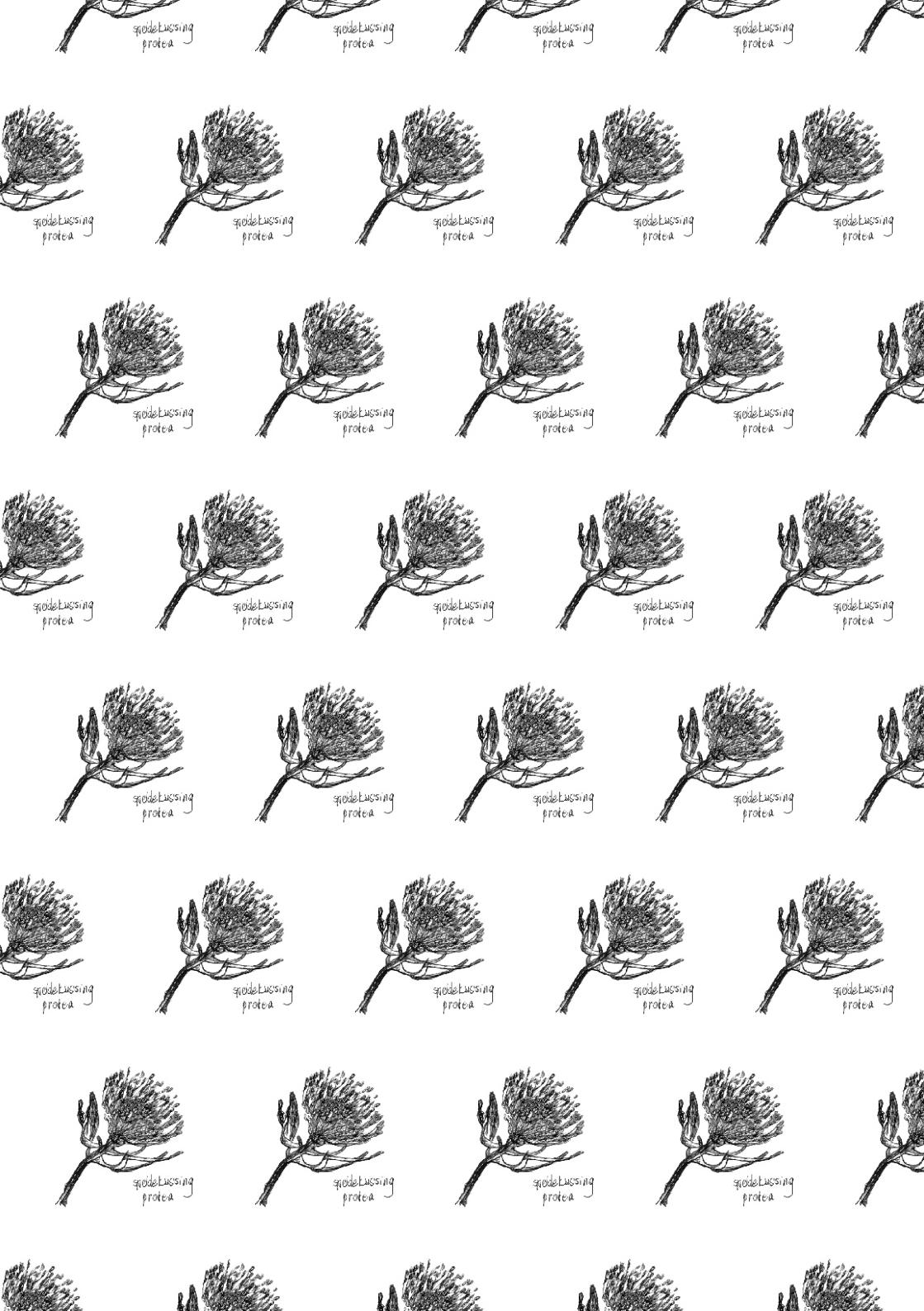




a baker's café

Food Menu



HEIMWEE

My hart verlang na die stille
van die vrye uitvivende veld
ver van die stadsgekuide
en die klinkende klang van geld.

Ek is moeg vir die rustelose lewe
van mense wat kom en gaan
'k Wil terug na die vrye ruimte
waar 'n sted in woon, wat verstaan.

Oetsien weer die son op die veld
en die ewige blou daar bo
En my hart skiet vol van heimwee,
en my dröme swem in my oë.

Ek sien weer die ylbloue berge
daar ver oor die wester klim
en wonder nie meer waarom weemoed
so sag uit my niedere klim.

Klim na die grys lug bove
waar die son in die miste kwyn,
want o, ek verlang na die veld,
na die ewige sonnestyn.

J.R.L. van Bruggen

Lazy Breakfasts

Early Baker's Mornings

Salami & Cheese Croissant 80
toasted with melted mozzarella



Choose and add Toppings 60
scone or mosbolletjie or vetkoek

top with any three of the following
house-made buttery lemon curd
cream cheese
whipped cream
home-made mixed berry jam
Boerenkaas cheese slices
sunshine Marmalade from the shelf
Kakamas peach butter
rooibos butter

Plaasbrood French Toast 90

topped with bacon, fried banana, berries
koeksister syrup, served with cream

Avo on Toast (V) 85

avo smash on a slice of whole-wheat
pomegranate seeds, radishes, rocket, and
a house-made pomegranate syrup drizzle

Baked Scottish Oats (GF) 80

gluten-free creamy baked topped with
toasted hazelnuts, treacle sugar
served with pouring cream and
a shot of Bell's Whiskey

Melkkos 60

typical Afrikaans Sunday evening meal of
milk porridge thickened with buttered
flour crumbs served with cinnamon sugar
we sprinkle a spoon of dried naartjie peel

Poached Guava 80

dolloped with thick yoghurt, syrup
and toasted gluten-free nutty granola

Omelettes

served with toast jam and butter

Biltong Avo & Brie 120

served with bang-bang tomato relish

Cheddar Chorizo 125

Sun-dried Tomato

Trout & Avo 115

served with crème fraîche

Traditional Breakfasts

Boere Boepie 130

eggs, stoneground blêddie-grof putu pap
kaïngs boerewors, bacon, grilled tomato
Sheba sauce

Eggs Pap & Boerewors (GF) 110

eggs, fried pap-wedges, boerewors
Sheba sauce

Cha-Cha Pan 135

chorizo, mushrooms and truffle oil topped
with poached eggs, hollandaise sauce
parmesan shavings, toasted panini slices

Shi-Shi Bowl 120

pumpkin fritters topped with bacon,
poached eggs and ladled hollandaise
sauce

Eggs Benedict 120

English muffin topped with country ham
slices, poached eggs and buttery
hollandaise sauce

Avant-garde Benedict 140

(GF) (B) Banting bread slices topped
with 40g smoked trout, avocado, poached
eggs, hollandaise sauce

Fiery Chicken Livers 125

pan-fried with sun-dried tomato pesto
and Thabo's chilli, served with a panini
and butter



Tots and Tantrums

Flapjacks, Syrup & Ice Cream 70

Mac & Cheese 90

Tots Chicken Strips & Chips 110

served with Monkey-gland sauce

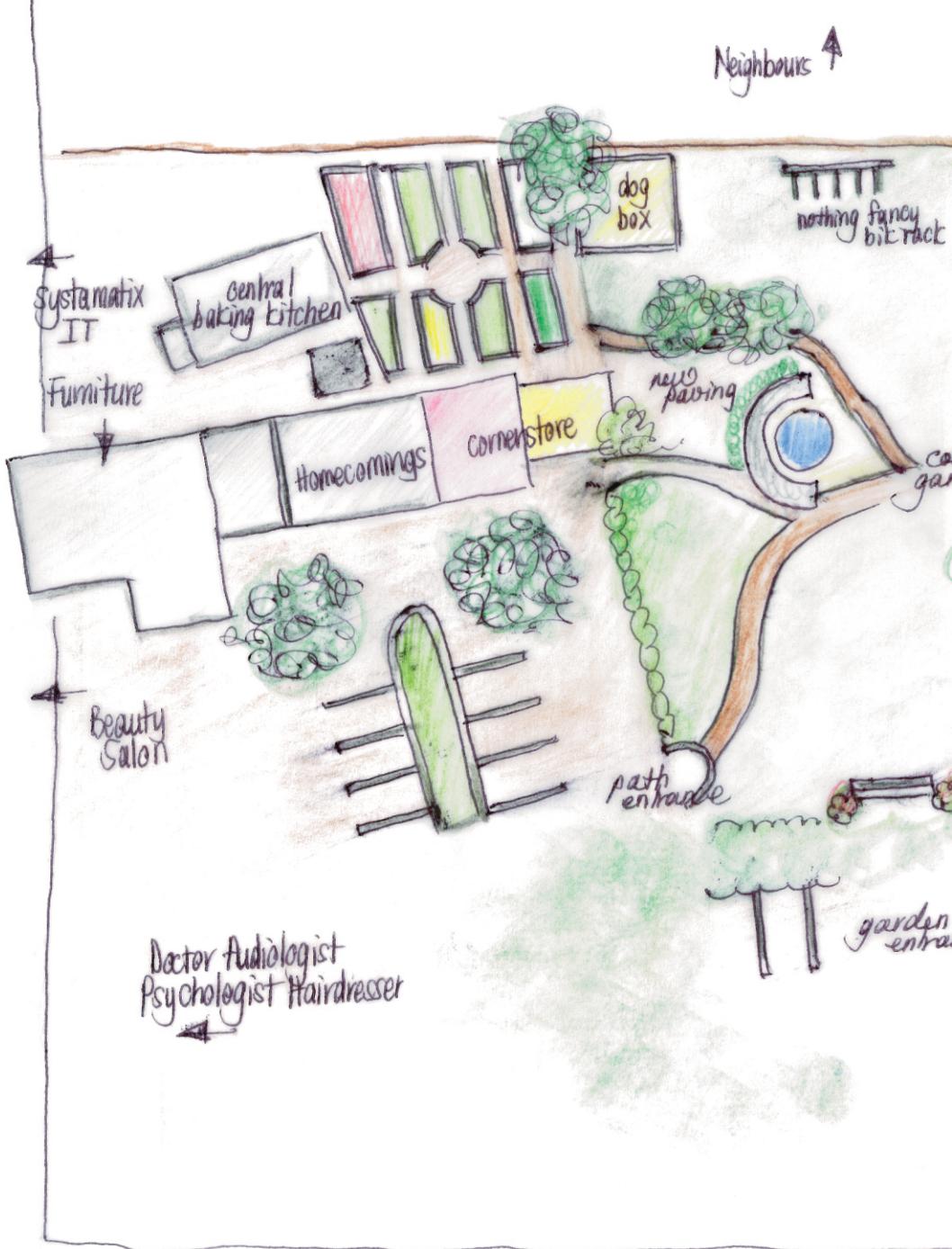
Pot of Fries 60

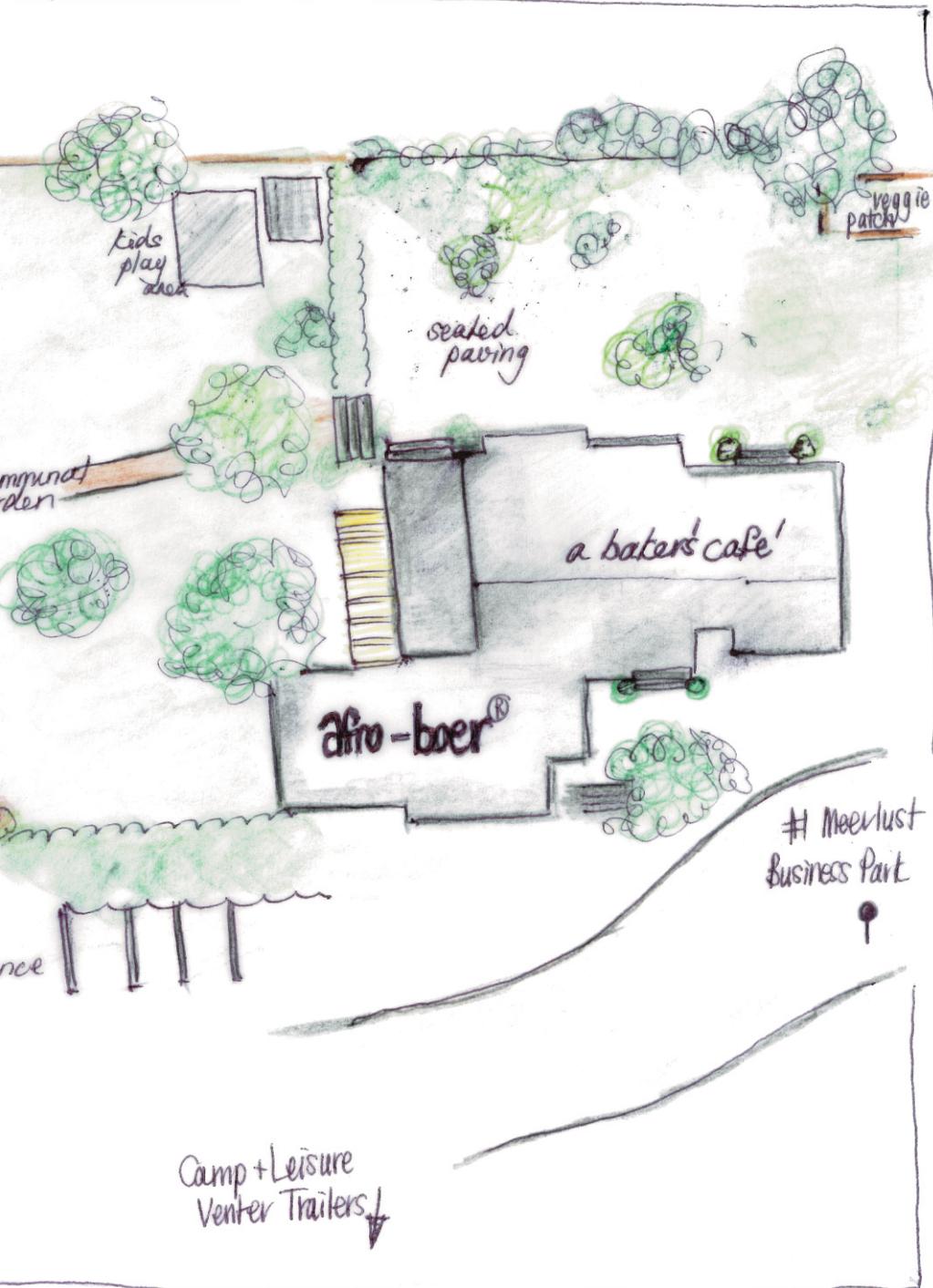
a pot for sharing

Toasted Ham & Cheese 60

Die Pietertjie 60

1 x fried egg, 1 x bacon rasher
tomato smoor, 1 x boerewors
1 x slice toast, jam, butter





Sandwiches

add chips and mayo or salad 35

Shredded Lamb 95
on Whole-wheat

with lettuce, tomato, slow-cooked
shredded lamb topped with
South Africa's favourite
Mrs. H.S. Ball's Chutney



Kimchi Sourdough (V) 85

fermented shredded beetroot heaped onto
smashed avo and cucumber slices and
drizzled with coconut cream

A Kwaai Braaibroodjie 90

chorizo, mozzarella, caramelised
onion, garlic aïoli and peppadews

Mpe Di Hoenor Panini 85

crumbed chicken, chips, peri-peri sauce
stuffed into a panini

Fried "Van The Man" 95
on sourdough

pulled beef short rib, pickles and
Boerenkaas cheese fried
golden and crisp

** Jan Van der Merwe - a South African
original alias... he's no Chuck Norris,
but rumour has it a Van Der Merwe
has also been called

"Die Bielie van die Bosveld"

Burger & Chips

Crunchy Fried Chicken 140

"It's Good it's Nice"

buttermilk fried chicken breast with
John:14 slaw, zesty mayo, avo smash

Double The Cheese 140

burger bun topped with garlic
mayo, lettuce, tomato, cheddar
cheese, 100% pure beef mince patty
topped with a fig and chorizo jam
and cheese sauce

Stoep Zen

*...in this wild and tender place,
may we ever, hear the sound
of truth in the
whispering of stars,
in the turning of
windmills, in the silence
of the veld...*



*- anthony aster
- free state buddhist monk -*

**Poplar
Grove**

Soups

Tomato Soup & Vetkoek 90

Garam masala spiced

Lamb-shank & Tomato 118

slow cooked with onions, carrots and tomatoes, topped with a crème fraîche served with toasted panini slices and butter

Salads



French Leaf (V) (GF) 85

olives, pickled café onions, herbed leaf mix, lemon balsamic vinaigrette

Heirloom Tomato 125

& Bocconcini

garden harvest pesto, croûtons, olives

Chicken Caesar 130

shredded chicken breast, leaf mix, soft boiled eggs, chopped bacon, croûtons grated parmesan, and a proper house-made anchovy-dressing

Fried Haloumi 128

with Stone Fruit

topped with herbed leaf mix, red onions toasted chopped macadamia nuts pomegranate drizzle

Lighter Café Plates

Creamy Chicken Livers 120

touch of garlic and a sneak of chilli coriander sprigs, served with toasted panini slices and butter

Fish Cakes 128

served with a leafy salad, grenadilla drizzle and zesty tartare sauce

Quiche and Salad 85

enquire about the house flavours

Comforting Meals

Vegan Butternut Lasagne 142

layers of almond ricotta, vegan pasta sheets, butternut squash and shredded spinach, baked until bubbly

Beef Short Rib Ragu Pasta 165

slow-cooked with tomato for a meaty flavoured sauce served with parmesan cheese

Battered Fish and Chips 140

classic oldie served with zesty mayo

Cape Malay Frikadelle 145

with pumpkin puree and green beans

getting your groove on! → can also refer to
"the afro way" can also refer to
getting your groove on, and
this way, that way
and the afro-boer way!

afro-

an afro, is a hairstyle worn naturally by people with spunk! It is specifically styled by individuals in such a fashion that it represents a large rounded shape - much like a halo, cloud or ball - certainly one of the more eye-catching styles...
rebeling against the "short" hairstyle that marks a revolutionary, and the "long flowing" hairstyles that mostly celebrates iconic self-image... nonetheless

suitably African and worn with pride on this continent!

boer

boer is the Dutch and Afrikaans word for Farmer... a wanderer or traveller being nomadic and free-spirited, looking for /and to earn a living off

The desire to wander, known as trekkers, was a noble characteristic of the Boers





- NOT ALL THE INGREDIENTS USED
ON THE MENU ITEMS ARE LISTED...

- PLEASE NOTIFY US OF
ANY FOOD ALLERGIES OR INTOLERANCES

everything here is
hand-made | home-made | wholesome

Reservations:

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